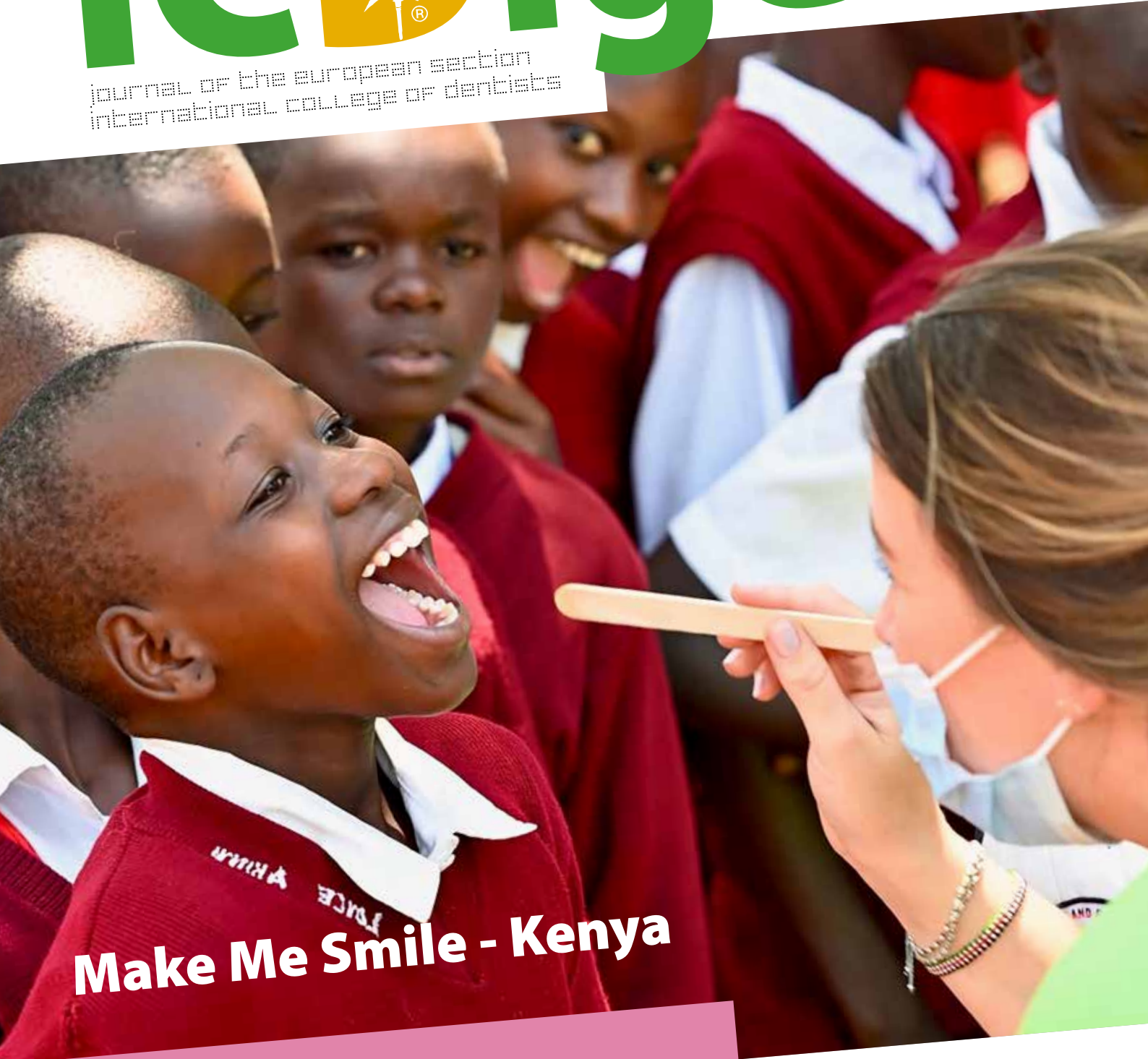


2025

# ICD<sup>®</sup>igest

Journal of the European Section  
International College of Dentists



**Make Me Smile - Kenya**

**Fellowship, Science,  
Humanitarianism and  
Recognising Service**

**2025**

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INTERNATIONAL COLLEGE OF DENTISTS

### Mission

The International College of Dentists is the preeminent global dental honour society recognising outstanding professional achievement and meritorious service while advocating for humanitarian and educational initiatives.

### Motto

Recognising service as well as the opportunity to serve.

### Core Values

**Leadership:** Uphold the highest standard of professional competence and personal ethics.

**Recognition:** Recognise distinguished service to the profession and the public worldwide.

**Humanitarianism:** Foster measures for the prevention and treatment of oral disease by encouraging and supporting humanitarian projects.

**Education:** Contribute to the advancement of the profession of dentistry by fostering the growth and diffusion of dental knowledge worldwide.

**International Professional Relations**  
Provide a universal forum for the cultivation of cordial relations within the profession and to assist in preserving the highest perception of the profession worldwide.

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## ICDigest 2025 Volume 69

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# Welcome to ICDigest 2025!

The field of dentistry, like all aspects of healthcare, is deeply affected by geopolitical shifts and international policies. In Europe, a continent characterized by its diverse healthcare systems and economic landscapes, dentistry faces multiple geopolitical challenges that impact professionals, patients, and policymakers alike. From economic instability to workforce mobility, the interplay between politics and oral healthcare is an evolving and complex issue.



## The Economic Landscape and Dental Care Accessibility

Economic uncertainty in Europe, exacerbated by global financial crises and the recent pandemic, continues to affect public healthcare funding. Many countries struggle to allocate sufficient resources to dental services, leading to disparities in access to

oral healthcare. Countries with robust public healthcare systems, such as those in Scandinavia, often provide comprehensive dental coverage, while others, particularly in Southern and Eastern Europe, face funding shortages that push dental care into the private sector. This creates an accessibility gap, where individuals in lower socioeconomic groups may forgo essential dental treatments due to cost.

## Workforce Mobility and Professional Regulation

The European Union has long championed the free movement of professionals, including dentists, across member states. However, Brexit has disrupted this flow, particularly affecting UK-based dental professionals seeking opportunities in the EU and vice versa. Varying national licensing requirements further complicate cross-border employment, making it challenging for dentists trained in one country to practice in another without bureaucratic hurdles. These obstacles not only restrict career prospects for dental professionals but also exacerbate workforce shortages in regions already struggling with healthcare provision.

## Supply Chain Vulnerabilities

The COVID-19 pandemic exposed significant vulnerabilities in global supply chains, including those related to dentistry. Europe relies heavily on imported dental materials, equipment, and pharmaceuticals, often sourced from Asia and North America. Disruptions in these supply chains due

to geopolitical tensions, trade restrictions, or conflicts – such as the war in Ukraine – can lead to shortages, price surges, and delays in accessing essential dental products. This places additional strain on dental practices and laboratories, ultimately impacting patient care.

## The Role of Digitalization and Cybersecurity Risks

Digital dentistry has revolutionized the industry, from computer-aided design (CAD) in prosthetics to tele-dentistry and AI-driven diagnostics. However, as dental practices and institutions embrace digital records and cloud-based patient management systems, cybersecurity risks become a growing concern. Cyberattacks on healthcare institutions, including those targeting personal and medical data, pose a serious threat to patient confidentiality and the smooth operation of dental services.

## Addressing the Challenges: A Call for Collaboration

To navigate these geopolitical challenges, European policymakers, dental associations, and healthcare providers must work collaboratively. Investment in public dental care, harmonization of professional regulations across countries, diversification of supply chains, and strengthened cybersecurity frameworks are all essential measures.

As geopolitical tensions evolve, the dental profession must remain adaptable and engaged in broader discussions on healthcare policy and economic stability. A strong, united approach will be key to overcoming these challenges and securing the future of dentistry in Europe. The fellowship of the International College of Dentists transgresses these boundaries and provides us with opportunities to show that dentistry can continue to provide healthcare benefits beyond oral care and through humanitarian activities beyond the boundaries of Europe.

I hope you enjoy this journal.

**Michael Thomas – FICD**  
Editor, European Section

# Reflections from Limassol

The 67<sup>th</sup> Annual Meeting of the European Section, Section 5, of the International College of Dentists took place in Limassol, Cyprus from Friday 21<sup>st</sup> June to Sunday 23<sup>rd</sup> June 2024. The venue for the meeting had sadly been changed from the proposed venue of Jerusalem. President, Dov Sydney, was pleased to welcome Officers and Regents, along with 51 new and many existing Fellows, along with International President Argirios Pissiotis and the President of Section 1, United States of America, Ira Titunik. This was the first occasion on which the annual meeting had been held in Cyprus.



Dr. Yevhen Nietzhentsev presents to the audience.

The meeting venue was the Park Lane Resort and Spa in Limassol. The venue had been chosen to be in close proximity to the original venue, and also as a venue that was able to accommodate delegates, the induction ceremony and the other events for the meeting. Rather than a formal partners programme, the venue was able to offer opportunities for rest and relaxation to delegates and their accompanying partners.

The meeting commenced with registration and a welcome reception which took place in the Park Room of the hotel. This provided an ideal opportunity to renew friendships and to make new acquaintances. The Park Room overlooked the resort grounds and facilities, with delegates dispersing after the reception to enjoy the opportunity to continue socialising.

The scientific programme took place on Saturday and consisted of a humanitarian forum reviewing the activities that had taken place during the past year. This was presided over by Dr. Phillip Dowell, the chair of the Global Visionary Fund board of directors. In introducing the session, a recorded message was also provided by Dr. Joseph Kenneally, the executive director of the Global Visionary Fund. The fund supports and provides grants for humanitarian and educational oral healthcare programmes and initiatives across the world, especially in developing communities where the needs are greatest. In addition, funding for projects is available from the Philip Dear Foundation. This is a charitable fund for educational purposes which the European Section established in June 2005 to celebrate its 50<sup>th</sup> anniversary

and to commemorate Philip Dear, considered by many to be one of the key Founding Fathers of the European Section.

The first speaker, Dr. Vincente Lozano-de Luaces presented the humanitarian dental project in rural Tibetan villages that has been ongoing for 4 years. Dr. Lozano-de Luaces and team visited several villages including Majnu Ka Tila, Dharamsala, organised by the department of health of Tibet in exile, and provided care for over 1200 patients.

The audience were moved by the second presentation, given by Dr. Yevhen Nietzhentsev, who explained how the dental community of Ukraine had come together as a volunteer organisation working with military personnel since 2014. There have of course been significant changes to the work of this organisation since 2022 and Yevhen, filled with emotion, was able to explain the support that has been provided and the sacrifices that have been made in the current conflict.

Dr. Serhiy Radlinsky, Regent of District 15 (Central and Northern Europe), presented on the work of the "Free Teeth" programme. This programme operates in Poltava, a city in the central region of Ukraine, and provides oral hygiene advice and the treatment of decay in children who have become orphaned or evacuated from the occupied territories of Ukraine during the current conflict. The concept of the "Free Teeth" programme is that the teeth are free of plaque, caries and gingivitis, with sealed fissures, and which are freely cleaned twice a day using a toothbrush, toothpaste and dental floss. The project is funded by the Callahan Memorial Award of the Ohio Dental Association as well as the International College of Dentists and additional private funding.

Dr. Mariana Dolories is well known to Fellows of the European Section as the co-founder and now president of Mundo a Sorrir. Mundo a Sorrir is a Non Governmental Organisation, founded in 2005, that develops activities in Portugal and 3 African countries having benefited over 901,000 underprivileged people. It works in three main areas: medical treatments, health literacy and training of health professionals, and in all the projects environmental sustainability and research have a significant role. In Guinea Bissau, Mundo a Sorrir started activities in 2005 and has developed several projects all around the country. The "Saúde a sorrir" project, involves both health literacy activities, school programmes of brushing teeth and medical treatments using portable units and operates in the regions of Cacine, Bissau and Bijagós islands. It combines the complementary areas of oral health, mental health, reproductive health, environmental health and nutrition and involves a significant number of people in the field, both volunteers and employees of Mundo a Sorrir. Both the Philip Dear Foundation and the Global Visionary fund are supporting these projects, and this has a huge impact on the enlargement of activities in Guinea Bissau. Mariana was able to demonstrate that the impact of simple oral hygiene measures has reduced the incidence of 42% of children without caries on Uno Island in 2013 to 83% of children without caries in 2019.



Registrar, Dr. Mauro Labanca, leads the new Fellows into the induction ceremony.



The speakers and poster presenters.





remony. The audience receive the presentation from Dr. Antonio Castaño Séiquer.



Message from Dr. Joseph Kenneally.



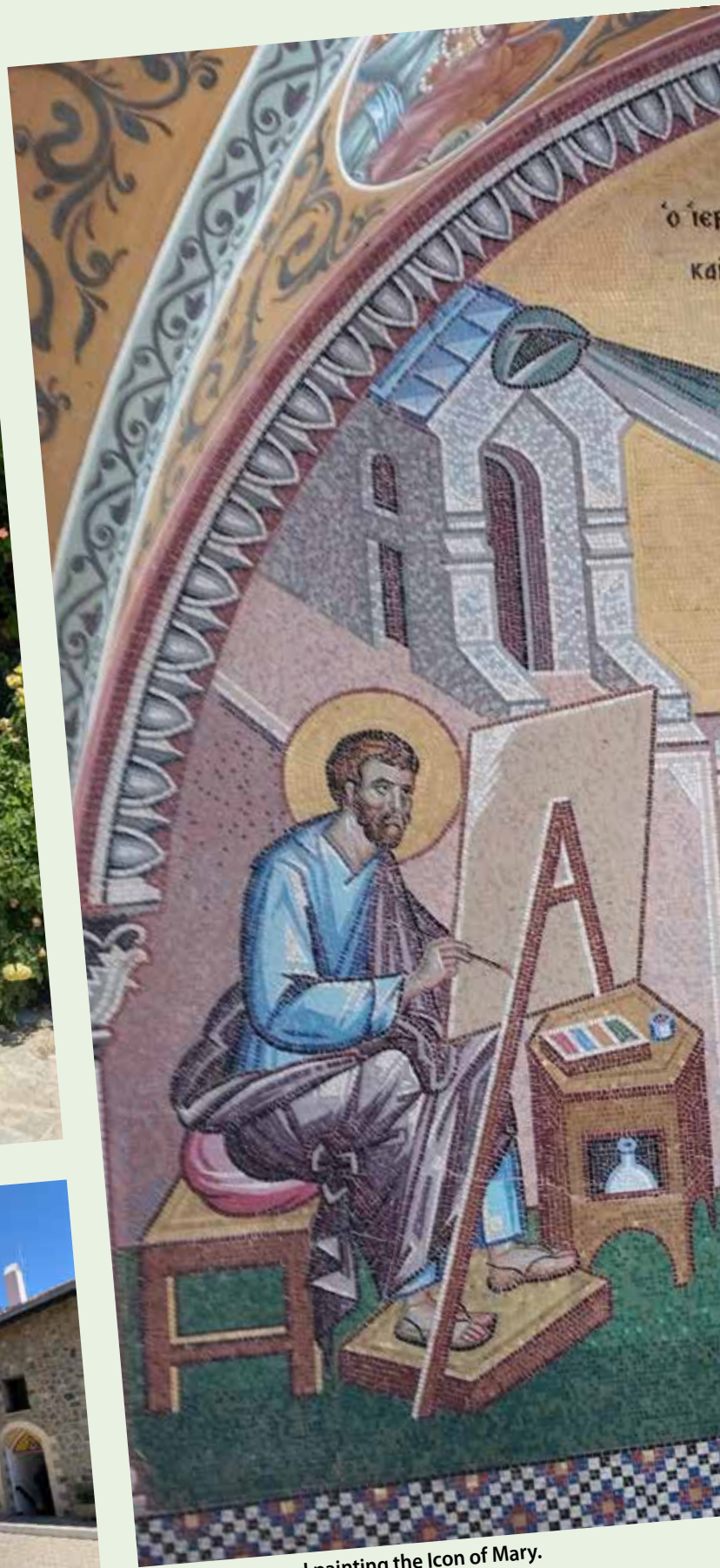




Gerolemo Winery.

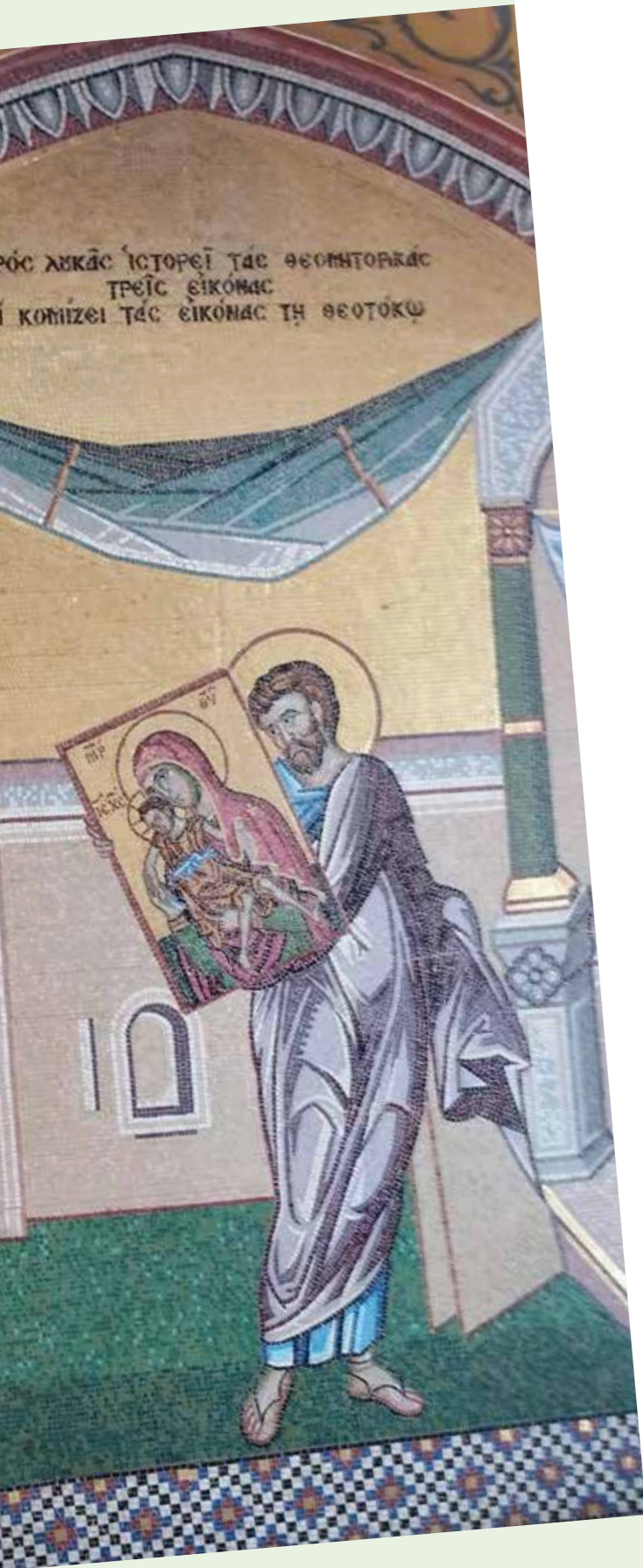


The monastery of Kykkos.



St. Luke is pictured painting the Icon of Mary.





ICD Spain has organised Scientific-Solidarity Meetings since 2019 to improve the training of fellows and other professionals, as well as to support the solidarity activities of the Philip Dear Foundation. The four meetings have been held in Seville (2019, 2021, 2022 and 2023). All meetings have received a great reception, achieving significant participation success, with an average of more than 150 attendees. This project was presented by Dr. Antonio Castaño Séiquer. The high scientific level has given prestige to the ICD and the Social Dentistry Foundation (FOS) as a co-organising entity. The Philip Dear Foundation has supported two FOS projects, one dedicated to social gerodontology and the other to the launch of a solidarity dental clinic in the south of Spain.

The final speaker at the scientific session was Dr. Linda Greenwall, from section 4 (England, Scotland and Wales). Dr. Greenwall spoke with great enthusiasm and passion about The Dental Wellness Trust, a charity that she established in 2011. In England each year there are 48,000 children who go into hospital every year to have their rotten teeth removed under general anaesthetic. The trust set up a campaign 9 years ago called "Saving Kids Teeth" to be able to rectify this situation to help through educating school children about oral health and introducing innovative supervised toothbrushing programmes. These novel supervised toothbrushing programmes, called the Livesmart Toothbrushing programmes, were developed in South Africa 12 years ago for 21,000 children and the knowledge and experience gained from these programmes have been implemented into the Luton Young Oral Health Programme. This programme and the Keep Luton Smiling Programme recognises the impact that can be made when working within a community where there is particularly high social deprivation and mixed ethnicity, and importantly an existing proven incidence of poor oral health amongst the young. The Young Luton Oral Health Programmes that have been established in Luton have assisted nearly 25000 children in 36 schools and nurseries and this number is expanding.

At this meeting, in addition to the Humanitarian Forum, 19 posters were presented covering issues of orthodontics, temporomandibular disorders, endodontology, periodontology, oral surgery and prosthetic and restorative dentistry. These posters were well received by the delegates at the meeting and demonstrated the scientific activity that Fellows within the European Section have and continue to undertake.

The highlight of the annual meeting is always the induction ceremony. This took place on the afternoon of Saturday 22nd June in the ballroom of the Park Lane hotel, Limassol. The formality and dignity of the ceremony provided the opportunity of the new Fellows to be introduced to their colleagues, families and friends and was a memorable and moving event as Dr. Dov Sydney passed over the Presidency of the Section to Dr. Werner Lill.



A drinks reception followed the induction ceremony. The Gala Dinner was then held in the hotel consisting of good food and drink, great conversation and enthusiastic dancing!

The following morning, approximately 70 delegates and partners went on a guided tour of the highlights of western Cyprus. A coach drive along the "road of 2,000 bends" took the visitors up into the Troodos mountains, rising to near the peak of Mount Olympus. The Troodos Mountains are known worldwide for their geology and the presence of an undisturbed ophiolite sequence, the Troodos Ophiolite. These mountains slowly rose from the sea due to the collision of the African and European tectonic plates, a process that eventually formed the island of Cyprus. The journey passed skiing resorts and villages clinging to the terraced hills. In the Byzantine period, the mountain range became a centre of Byzantine art, as churches and monasteries were built in the mountains away from the threatened coastline. After approximately 90 minutes of travelling, we arrived at the Kykkos monastery. The monastery was founded at the end of the 11th century by the Byzantine emperor Alexios Komnenos, but the original buildings were made of wood and burnt down many times. The current buildings were erected in the 18th century and the monastery is most famous for hosting the icon of Mary, the mother of Jesus, painted by the Apostle Luke. The ornate church also contains many other icons along with ornate and beautiful artwork. These are also housed in the adjacent museum which hosts treasures going back to early Christian and Byzantine times.

From the monastery, the coaches travelled down the mountains to the Gerolemo Winery. The winery was established in 1987 and sits on a 127-acre estate near Omodos village. Here the visitors were educated and entertained in the history of wine making in Cyprus as well as having the opportunity to taste 4 different wines, including the Zivania Oaked libation, akin to Italian Grappa, Russian Chacha or Greek Raki.

Omodos village is a cobbled village with the monastery of Timios Stavros containing the church of the Holy Cross. Within the church the Holy Cross icon has the rope reported to have bound the hands of Christ on the cross and this and many other icons decorate the impressive church building.

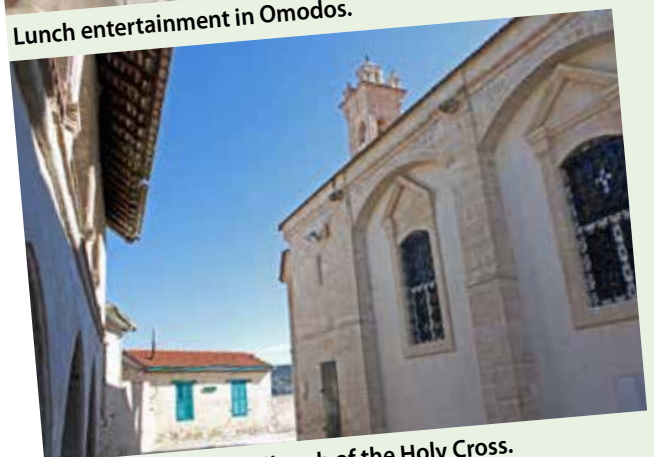
The visitors then had a substantial mezze lunch in the village consisting of many delicious courses accompanied by local wines and hospitality.

The buses were quieter on the return journey to the Park Lane resort as the passengers digested their meals.

The 67<sup>th</sup> meeting of the European Section of the International College of Dentists ended on the evening of 23<sup>rd</sup> June with a 6-course meal at the Nammos restaurant within the resort, with promises to meet again in Salzburg, Austria, in June 2025. ■



Lunch entertainment in Omodos.



The Monastery and Church of the Holy Cross.



# Ruud Landman

12 December 1935 Amsterdam – 5 February 2025 The Hague

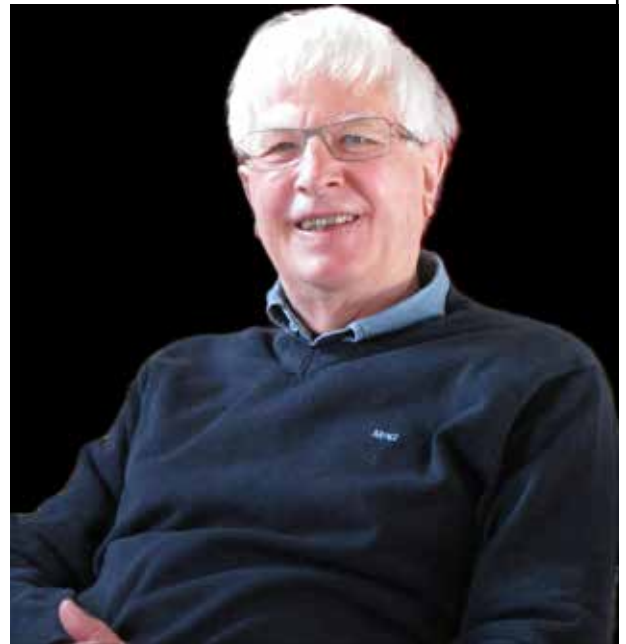
It is with deep respect and admiration that we commemorate the life of Ruud Landman, who passed away at the age of 89.

Ruud was a dentist of exceptional calibre, whose practice in The Hague was run from the most modest of premises. His work was characterised by a calm, meticulous and deliberate approach; even after fifty years, his crowns and bridges stand as a lasting testament to his impeccable craftsmanship, a fact regularly confirmed by his grateful patients. His distinguished appearance, accentuated from an early age by his striking white hair, was matched by his refined and composed manner. Ruud spoke beautifully articulated, refined Dutch – always eloquent and, more importantly, his language was always courteous, never betraying a harsh word. In the quiet of his home, he found solace in the simple pleasure of smoking a pipe.

Ruud was devoted to both his profession and his family. He was faithfully married to Lilian, herself a dentist, and together they raised two children, Theo, and Babette.

A dedicated member of the International College of Dentists (ICD), Ruud served with distinction as Treasurer of the European Section from 2000 to 2006, succeeding his dear late friend Henk Ruskamp. His dedication was such that he never missed an Annual Meeting and managed the finances with the utmost care, so much so that he hired an external accounting firm to check the figures.

Beyond his professional endeavours, Ruud was an active member of an esteemed study group in The Hague, where he formed lasting and sincere friendships with colleagues. These included several influential contemporaries of the ICD: Jan Pameijer, Henk Ruskamp, Peter Bok, Henk Lambert, Coen Kuijt, Jan van Hoeve, Ab Heijboer, Hein Coops and Frans Kroon, who, although not all members of the study group, shared with him a common passion for the art and science of dentistry and constantly encouraged each other in their endeavours.



Ruud was also a natural storyteller, deeply influenced by the values instilled in him by his mother. His time at the University of Utrecht, where he studied dentistry, allowed him to blossom and develop a robust self-confidence, even though he once considered himself an unremarkable student during his earlier schooling. He was known for his impeccable manners, his genuine attentiveness and his penchant for thoughtful compliments, attributes that gave him an almost regal grace.

A lover of modern art, Ruud had a deep appreciation for creativity in all its forms. He frequently visited museums, attended art history lectures, and surrounded his home with beautiful works of art, reflecting his enduring passion for the contemporary art scene.

His final illness was short, but to the end he was surrounded by the warmth, loyalty and respect of friends and colleagues within the ICD community and beyond. On a personal note, I will miss him deeply – not only as a remarkable colleague and tutor but also a valued friend. ■

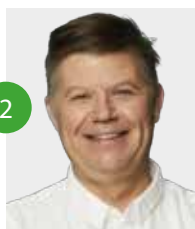
**Walter van Driel, Past President ICD European Section**

# New Fellows 2024

51 new Fellows from all Districts were inducted during the ceremony in Limassol. The section therefore welcomes the 2024 entry of new Fellows, representing all 16 Districts, who have provided their portrait photographs.



1 Gabriele Millesi



2 Giles de Quincey



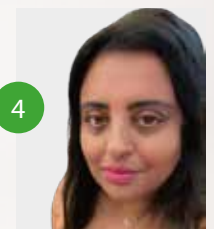
Hans Prakken



Laurens Wiggers



3 Shima Fanimoghaddam



4 Sejal Bhansali



Pip Dhariwal



John Duthie



Michael Heffernan



Vipul Kataria



Biju Krishnan



Adi Moran



Ralph Pickup



Malcolm Prideaux



Davinder Raju



Nikolaos Vourakis



Jocelin Wen



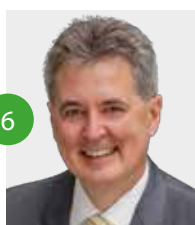
5 Marc Mongeot



Baya Putoud



Steve Toupenay



6 Martin Andreas



Steffen Müller



7 Athanasios Stratos



8 Neysan Chah



Noel Kavanagh



Darren McCourt



Caroline Robins



9 Keren Shemtov-Yona



Orit Winocur-Arias



Adriana Bartolo





Adam Bartolo



António Cabral



Eugénio Martins



Pedro Guitian  
Lema



Francisco Javier  
Herrera Briones



Matija Gorjanc



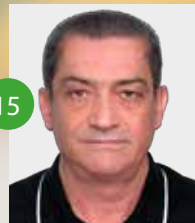
Matevž Groznik



Dejan Kristan



Romana Mance  
Kristan



Paruyr Daduryan



Ingrida Grinberga



Kristjan Gutmann



Anzhelika  
Karpikova



Guntars Lazdans



Yevhen  
Niezhentsev



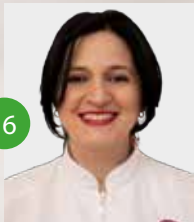
Mare Saag



Alvis Vidžis



Kristaps Vidžis



Maka Kopaliani



Lika Minashvili



Tamar Shavadze

- District 1 Austria
- District 2 The Netherlands
- District 3 Scandinavia
- District 4 England, Scotland and Wales
- District 5 France
- District 6 Germany
- District 7 Greece and Cyprus
- District 8 Ireland
- District 9 Israel and Malta
- District 10 Italy
- District 11 Portugal
- District 12 Spain
- District 13 Switzerland
- District 14 Central & Southern Europe
- District 15 Central & North Eastern Europe
- District 16 Georgia

# First impressions from Limassol by new inductees

## Jocelin Wen

Initially hesitant as a newly qualified orthodontist, I left the meeting invigorated and inspired by our talented colleagues in their various fields of interest. Their generosity in sharing their experiences and the inclusive atmosphere were truly enriching. Thank you.



Jocelin Wen (on the right).



Biju Krishnan

I must admit I was not expecting to be in the midst of such distinguished company and to take part in such an inspiring ceremony. It was quite humbling to be recognised in this manner by the College and to meet like-minded colleagues who all share a passion for this great profession. I very much look forward to playing an active role in the ICD and anticipate with eagerness our reunion next year in Austria.



Malcolm Prideaux

As new inductee to the College I was somewhat apprehensive at the prospect of meeting colleagues, many of whom had built up firm friendships over the years since their own induction.

Any reservations were quite unnecessary, and we were immediately welcomed into the fellowship of the College, meeting a surprising number

of familiar faces.

This year the organisation of the 67<sup>th</sup> Annual Meeting of the European Section of the International College of Dentists was more challenging, due to international unrest, and the event had to be moved at relatively short notice from Israel to Cyprus. The complexities involved in finding a suitable location for members to meet, coming from all corners of Europe must have been immense. Thanks, must be given to all involved, including those who must have put many hours into exploring the other potential venues.

The hotel chosen was of the highest standard, with staff going above and beyond to provide superb service at every point. Nothing was too much trouble, and the quality of food served was faultless. I mention this as it served as a reminder of the importance we place on excellence within our profession. Colleagues who "go the extra mile" in their clinic, teaching, and humanitarian work were in abundance.

So much is shared by colleagues outside the more formal and informative sessions that it is hard to pinpoint the highlight of the weekend. Of course, the Induction ceremony itself is central, reminding us of the purpose of



Adi Moran

It was a good experience, and I am happy to have joined.

I was well impressed by the humanitarian missions the organisation is involved with. All members I spoke to felt good about being a part of this, and more personally being involved in hands-on work.



the College, recognising professional achievement and advocating humanitarian and educational initiatives. Long standing friendships were rekindled, and many new ones forged that will doubtless last for many years, and I feel truly honoured to have been asked to become part of this inspiring and encouraging fellowship. I can honestly say that I truly feel I am among friends – thank you.

#### **Tamar Shavadze**

I want to tell you that the ceremony was wonderful, Full of positive energy, beautiful and well-known society. Also to realize, that it was the first year, my country Georgia became as an independent district of European section, makes me happy. I am proud to be one of the first inductees of independent district 16.



**Neyshan Chan**

Attending the annual Scientific Meeting of the International College of Dentists (ICD) in Limassol was an unforgettable experience, particularly as it marked my first participation. The induction as a fellow was a moment of profound honour and

excitement, signifying a very special milestone in my professional journey. The event showcased the ICD's impactful global initiatives, highlighting their dedication to advancing oral health worldwide. From community outreach programs to educational initiatives, the ICD's efforts were truly inspiring. The camaraderie among attendees was palpable, fostering a welcoming and inclusive atmosphere that underscored the organisation's ethos of collaboration and service. Our Irish colleagues brought a unique perspective to the gathering, adding a distinct flavour to the discussions and celebrations. I extend my warmest congratulations to all my fellow Irish inductees and express gratitude to Dr. Garry Heavey, our esteemed Irish Regent, for his unwavering support and leadership.

Reconnecting with old friends and making new connections was a highlight, enhancing both my professional network and personal fulfilment. The opportunity to learn about and contribute to the ICD's global initiatives was truly enriching. Being part of such a respected organisation is a privilege I deeply cherish, and I am eager to continue supporting and contributing to the ICD's mission alongside these dedicated colleagues.



**Tamar Shavadze (on the right).**

**Lika Minashvili**

It is a great honour to be a member of such a renowned and longstanding dental organisation as the ICD. I would like to express my appreciation to the head of the Georgian district, Professor Marina Mamaladze for this opportunity. I returned with wonderful impressions from Limassol and I am looking forward to meeting my colleagues in Salzburg.

**Maka Kopaliani**

The induction ceremony was once-in-a-lifetime experience, an event of life! Becoming the Fellow of the ICD is an honour and a privilege that I cherish. Therefore, I am grateful and indebted to all who made this possible for me. I value this network and highly appreciate the fact that now I can call myself a member of this powerful community.



Lika Minashvili (on the left).



Maka Kopaliani (in the middle).



Shima Fanimoghaddam (in the middle).



### Shima Fanimoghaddam

In June 2024, in Limassol, Cyprus, I was honoured, as the newly inducted Fellow, and I was accepted into the family of a group of extraordinary individuals at the ICD - European Section. This remarkable connection created and ignited a long-lasting and powerful surge of hope and prosperity within me.

I was first exposed to the world of the organised dentistry through an American colleague, who, in turn, had an extensive experience in this arena. After having multiple discussions on different issues related to our health care system and how humanitarian services may change the dynamic of public oral care awareness, my colleague suggested to me that the ICD is one of the most effective paths in reaching positive solutions with respect to the pandemic crisis affecting the well-being of the public at large.

Thus, considering my professional interest and cultural background, my name was put forward to Dr. Dov Sydney, who was, at that time, the 2024 President of the ICD - European Section.

During the ICD conference and the induction ceremony, I was warmly greeted by the President and other members of the ICD Governance as well as ICD Fellows and Inductees. The true affirmation and genuine redemption came to light once I witnessed the most powerful presentations, at the 2024 ICD conference, by such an influential and renowned ICD Fellows, on global initiatives and humanitarian efforts to relieve and cure the oral health crisis within the most vulnerable population in the world.

Yes, I was really touched by the entire engagement and the experience, a long-lasting one, which will advance my perspectives on how to utilize my professional background to serve our community at the national and the international platforms. And, finally, I am truly grateful to all the people, who were involved in my life, on a personal and professional manners, and guided me through this golden journey.



**Davinder Raju**

Reflecting on my induction as a Fellow of the International College of Dentists in Limassol, Cyprus, I am filled with a deep sense of honour. This occasion marks the highlight of my career, and I feel immensely proud and privileged to be part of this community. From the moment I stepped into the Welcome Reception, a sense of belonging and awe enveloped me. The atmosphere was filled with the collective passion and expertise of dental professionals worldwide. As I engaged with my fellow inductees and established fellows, their warmth, support, enthusiasm, and unwavering commitment to advancing global care and well-being struck me. The camaraderie and openness I experienced that evening were beautiful and set the stage for what was to follow.

Reflecting on my induction as a Fellow of the International College of Dentists in Limassol, Cyprus, I am filled with a deep sense of honour. This occasion marks the highlight of my career, and I feel immensely proud and privileged to be part of this community.

From the moment I stepped into the Welcome Reception, a sense of belonging and awe

I remember as I stood awaiting my induction, a wave of emotion washed over me. Coming from a disadvantaged inner-city background, I felt profoundly honoured to be nominated and inducted as a Fellow of the International College of Dentists. I was acutely aware of my wife's supportive presence and myriad smiling faces, but I couldn't help but reflect on how proud my late father would have been of this significant achievement. What struck me was the realisation that within the ICD, one's background holds no bearing on membership. The College's non-hierarchical approach embodies the spirit of inclusivity and equality in our profession, where merit and dedication are the measures that matter.

The memories of this induction ceremony, shared with my wife and new colleagues, will remain with me forever.



**Gabriele Millesi**

I had my first contact with the ICD and the mission and core values behind it when being invited to a very personal reunion of regional ICD Fellows at the private home of the Regent, District 1, now esteemed President, Werner Lill. I was not only impressed by the

friendly atmosphere amongst the fellows present, but also by the introduced and presented humanitarian projects, organised by the ICD and its Fellows.

Through my long-term engagement within international, non-profit, professional associations, such as the International Association of Oral and Maxillofacial Surgeons (IAOMS), which I also headed as president in the years 2020 and 2021, I am aware of the strength of team approach and mutual support. The International College of Dentists is one of these leading organisations where corporate brainstorming and successful planning can bring most challenging projects into existence. This is only possible by the willingness to participate by the fellows of the ICD.

This spirit of inclusiveness and the proud of being part of the ICD, was strongly present at the ICD Meeting in Limassol, too, where I had the honour to be one of the inductees. It was an impressive meeting of obviously long-term friends and getting to know new colleagues. I am most happy that I can count myself now as part of this dedicated and esteemed circle of the ICD.



Francisco Javier Herrera Briones (on the left).

**Francisco Javier Herrera Briones**

It is an honour for me to be able to write some words in this new edition of ICDigest as a fellow of this prestigious organisation. When I was proposed to become a fellow of ICD, I didn't know what it meant and what was the induction ceremony. Immediately I started to research about the oldest organisation in dental world and its project. The fact that this organisation does a lot of social activities to return to the society as part of what it gives us as oral health professionals, this was one of the main reasons to present my application. I couldn't imagine what it really meant to belong to this society. Since we arrived at the meeting I felt at home. All fellows were interested in us, and they gave us a very warm welcome. Even when I met Regent Mauro Labanca, he knew exactly who I was, which section I belonged to and my name. The speeches about some charity projects from different European sections, made all the emotions we had come out seeing as the world is different from the world we have in our comfortable offices and how we can contribute with our grain of sand to improve the community and its oral health. The peak moment of our meeting was the imposition of the medal as new fellows which was amazing. One unique moment I had never experienced, and I wouldn't have imagined how it would develop. The solemnity, the protocol, the good work and the tradition make this moment unforgettable, something which can't be described and only people who have lived it can understand what I'm talking about. It is

something really special to be able to say that I'm already part of this family, that I'm a fellow of the International College of Dentists. I hope to be able to contribute to magnify and honour this prestigious society.



**Athanasios Stratos**

I am sincerely overwhelmed with the recognition and the opportunity to become a fellow of the prestigious ICD. This recognition is a significant milestone in my career journey and serves as a testament to the hard work and dedication I have put into it.

I am also deeply thankful to the fellows that guided me through the process of becoming a

member of our fellowship.

I am genuinely touched by the work that is done by the ICD in helping all these people around the world. I feel humble in front of all the fellows that have such a great heart, stamina and commitment. In providing, especially to children in need in so many countries.





**Mare Saag**

I was truly honoured to receive the invitation to become a member of the International College of Dentistry. This recognition reflects my lifelong dedication to academic pursuits, private practice, and organised dentistry, all aimed at enhancing oral health care for our patients.

I was particularly impressed by the atmosphere of the induction ceremony during the Limassol meeting. The sense of community and shared purpose made the experience even more meaningful for me.

Dentistry has been more than just my profession; it has been my obligation, my passion, and a source of immense joy. I see my membership in the ICD as a new and exciting challenge, and I look forward to embracing this new challenge! Thank you for this incredible opportunity.



**Matevž Groznik**

The admission to ICD in Cyprus will remain in my memory as a beautiful and solemn event and I am already looking forward to the next meeting and new acquaintances within this international association. ■

# What is a Clinical Research Associates (“CR”) Evaluator?

In June 2024, when I was being inducted at the ICD - European Section in Limassol, Cyprus, I was approached by the Editor of the ICD - European Section, Dr. Michael Thomas. He mentioned to me that he been subscribing to the Clinicians Report for several years.



**Shima Fanimoghaddam,  
DDS, FICD**

Fellow, International College of Dentists, ICD-European Section  
Clinical Research Evaluator,  
Clinical Research Foundation

Thus, Dr. Thomas asked me to write a brief memorandum about my involvement at the Clinical Research Foundation. Well, it is a true honour to be part of such a prestigious Foundation while I was being newly inducted as a Fellow of the ICD - European Section.

CR was founded in 1976 by clinicians who believed practitioners could confirm efficacy and clinical usefulness of new products and avoid both the experimentation on patients and failures in the closet. With this purpose in mind, CR was organised as a unique volunteer purpose of testing all types of dental products and disseminating results to colleagues throughout the world.<sup>1</sup>

Each year, CR tests in excess of 750 different product brands, performing about 20,000 field evaluations. CR tests all types of dental products, including materials, devices, and equipment, plus techniques. Worldwide, products are purchased from distributors, secured from companies, and sent to CR by clinicians, inventors, and patients. There is no charge to companies for product evaluations. Testing combines the efforts of 450 clinicians in 19 countries who volunteer their time and expertise, and 40 on-site scientists, engineers, and support staff.<sup>2</sup>

In 2023, I was introduced to CR by one of my American Colleagues who has been an evaluator at CR for the past twenty years. He spoke about how fulfilling the experience was and how he was able to contribute to the profession of dentistry and actively participating in clinical evaluation of the different products. His experience triggered my instinct, which is always to dedicate my life in helping and improving health care on a national and global basis. This was a great opportunity for me to provide a direct contribution to this noble cause. Thus, I applied for the position and went through a vigorous process.

After a few months, I received the approval to join this amazing foundation and started sharing my clinical experience to assess and test all types of dental products from the globe.

I am truly grateful to our Editor for asking me to briefly speak about my unique experience and involvement with CR, and I hope my experience would enlighten many other dental practitioners to join this noble journey. ■

<sup>1</sup> <https://www.cliniciansreport.org/uploads/files/908/WhatIsCRweb16.pdf>

<sup>2</sup> <https://www.cliniciansreport.org/uploads/files/908/WhatIsCRweb16.pdf>



# Selection of scientific reports

Over 20 reports were received for the scientific programme at the conference in Limassol. It would not be possible to publish all of these within the page limit of the ICDigest, but we are pleased to select 4 of these for this edition.

On the following pages these 4 articles:

## **A Biological Approach to Endodontic Irrigation - Taking a Step Forward**

Natia Nizharadze, Tamar Shavadze, Ketevan Shalashvili and Marine Mamaladze

## **Direct Composite Veneers: Overview of Different Matrix Systems**

Bounatsos Loukas, Castellarin Leonardo, Georgiou Maria and Christos Theocharides (Supervisor)

## **Evaluation of the Effectiveness of Periodontitis Treatment Methods with Specific Clinical-Laboratory Markers**

T. Janjalashvili and T. Zhghenti

## **Intra-oral quantitative cold sensory test as a predictor of postoperative pain after restorative dental treatment**

Yoash Permut, Dr. Alona Perlman-Emodi and Dr. Pessia Friedam-Rubin



**“A Biological Approach to Endodontic Irrigation - Taking a Step Forward”**

Natia Nizharadze, Tamar Shavadze, Ketevan Shalashvili, Marine Mamaladze

Tbilisi State Medical University; Iovel Kutateladze Institute of Pharmacochimistry;  
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Tamar Shavadze



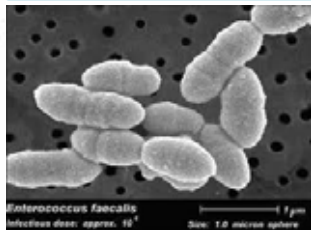
Ketevan Shalashvili



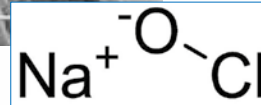
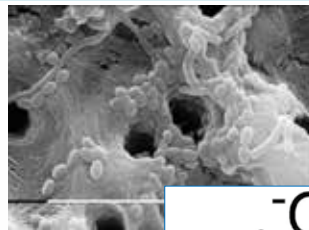
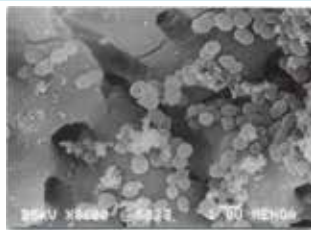
Marine Mamaladze



Resistant Endodontic pathogen - **Enterococcus faecalis** inside root canal before and after decontamination



Enterococcus faecalis  
Infectious dose: approx. 10<sup>7</sup>  
Size: 1.0 microm. spher.



Endodontic research has always been focused on developing methods or endodontic irrigants that can completely remove the bacteria with minimal side effects. To overcome cytotoxicity, antimicrobial resistance and safety concerns of widely used endodontic irrigants, and to achieve predictable, complete disinfection of the root canal system, there is no doubt that a more innovative basic and biological approach is needed.



Plant *Cotinus coggygia* Scop. (family Anacardiaceae)\_ *Smoke tree*



Alternatives based on natural substances look promising from this perspective, among which is the plant *Cotinus coggygia* Scop. (family Anacardiaceae), a well-known source of polyphenols, tannins with antimicrobial activities against a wide range of microorganisms, including the most resistant endo pathogen *Enterococcus faecalis*. Therefore, this plant was selected for our research.

**Objectives**

The goal of our preclinical research aimed to determine the antimicrobial efficacy of *Cotinus coggygia* Scop. polyphenols containing extract aqueous solutions against *Enterococcus faecalis*, and to define the safety margins as well as the potential irritative and allergenic effects to develop novel endodontic antibacterial irrigation solution.





*Cotinus coggygria* Scop. leaves extract 2%, 5%, 10%, 15 % aqueous solutions



**Materials and methods**

By the special, patented technology of obtaining biologically active substances - exclusively for our study unique formulation of cultivated in Georgia *Cotinus coggygria* Scop. leaves polyphenol extract (CCPE) has been developed and on its purified fraction various concentrations (2%, 5%, 10% and 15%) of experimental aqueous solutions were prepared. Efficacy of CCPE against endodontic pathogens (*Streptococcus* spp. and *Enterococcus* spp.) was determined by modified disc-diffusion method at the Laboratory of General Microbiology. The experiments determining the acute toxicity, local irritative properties, skin sensitization test were conducted in accordance with the OECD Guidelines for Chemical Testing followed with probit-analysis to precisely establish the median lethal doses (LD50) of CCPE.

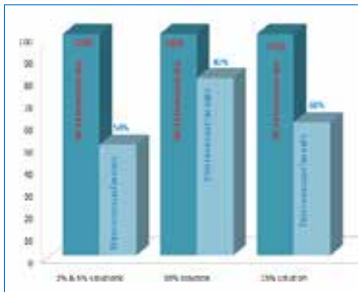


**Microbiological Efficacy and Safety of CCPE**

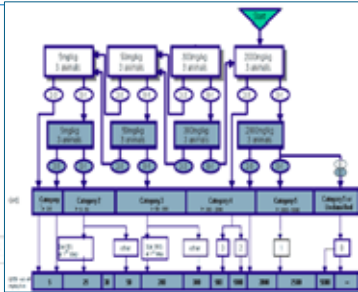


**Results**

CCPE solutions Antimicrobial Activity



Determination of median lethal dose (LD50)

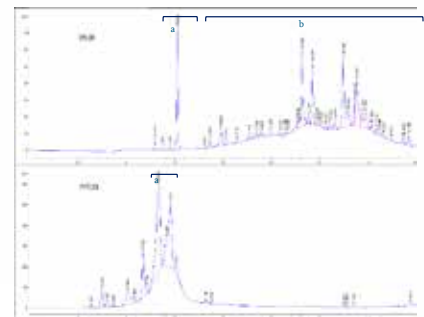
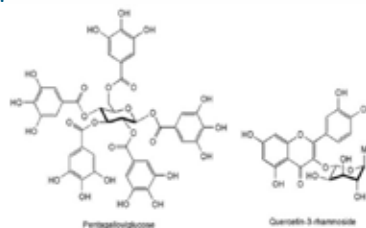


Microbiological research by modified disc-diffusion method has determined a wide range of antimicrobiological activity of CCPE. Besides we determined the optimal concentration (10%) of the experimental sample (CCPE) for inhibiting the most resistant Endodontic pathogen - *Enterococcus faecalis*. These results highlighted, that the antimicrobial activity of the test sample (CCPE) depends on the concentration of the test substrate and the taxonomic group of the microorganism. By the safety investigations of the CCPE no local irritating and allergenic properties have been revealed.



**Summary and Conclusion**

The Scientific and Practical potential of implementation of reliable, cost-efficient, and non-toxic herbal antimicrobial irrigation agent - CCPE in everyday practice for successful management and prevention of persistent endodontic infection has been highlighted through this scientific research. The study is in progress for recommending this novel herbal/bio preparation into everyday clinical practice.



HPLC/UV spectra of CCPE

THANK YOU FOR ATTENTION!



# Direct Composite Veneers: Overview of Different Matrix Systems

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 Castellarin Leonardo\*  
 Georgiou Maria\*  
 Christos Theocharides (Supervisor) \*1

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 Registered Specialist In Prosthodontics  
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## 1 Introduction

The ascending demand for more aesthetic and conservative treatment options as well as the improvements in the quality of the composite resins, has led to an increase in the use of direct composite as a technique of choice for veneers. The vast variety of matrix systems currently available in the market, provide dental practitioners with the opportunity to select the best fitting method according to their personal preference and skills. Nevertheless, due to lack of updated knowledge or fear of engaging into new techniques, dentists often struggle to incorporate new approaches in their practice, since they are unfamiliarized with either their effectiveness, or means of utilization.

## 2 Objectives

The aim of this study is to comparatively evaluate 4 of the most widely used matrix systems: the modified putty index matrix technique with mylar strip, the Unica and Bioclear matrix systems, and the Injection Moulding with silicone key method. The laboratory trial was conducted by 8 undergraduate (4<sup>th</sup> and 5<sup>th</sup> year) students from the European University of Cyprus.

## 3 Methods and materials

The central incisors were selected as the teeth to be restored, since they are most commonly chosen in anterior restoration research projects. A diagonal crown fracture was designed on artificial teeth, that were then scanned with an intraoral scanner (3Shape Trios). Identical resin copies of the artificial teeth were 3D printed, as well as a mock-up, fabricated using a Computer-Aided-Design program. The mock-up served for the construction of an index for the Conventional and Injection Moulding techniques, and was further utilized for the comparison of the results. The participants were familiarized with each technique, through procedural demonstration videos performed by the manufacturer's representatives, accompanied by written guidelines.

**Conventional**  
 Putty index for palatal built-up and mylar strip for the interproximal surfaces



**Injection Moulding Technique**  
 G-ænial Universal Injectable Set was used for the research following strictly the clinical guidelines GC



**Unica**  
 Unica Anterior Matrices were used and followed the clinical guidelines of Polydentia



**Bioclear**  
 Black Triangle Matrices were selected and their clinical guidelines were followed step by step



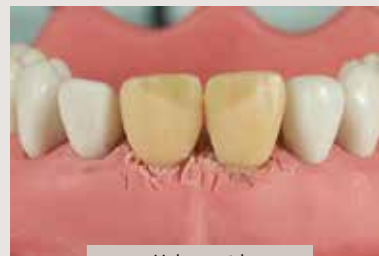


4

## Results



Bioclear matrix



Unica matrix



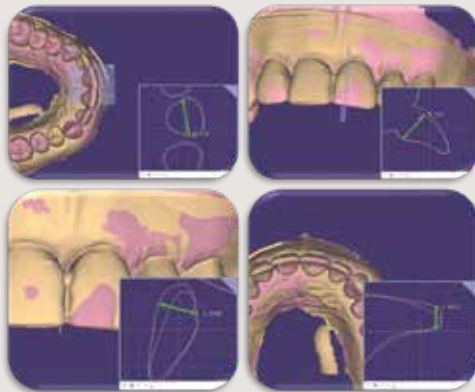
Conventional



Injectable moulding

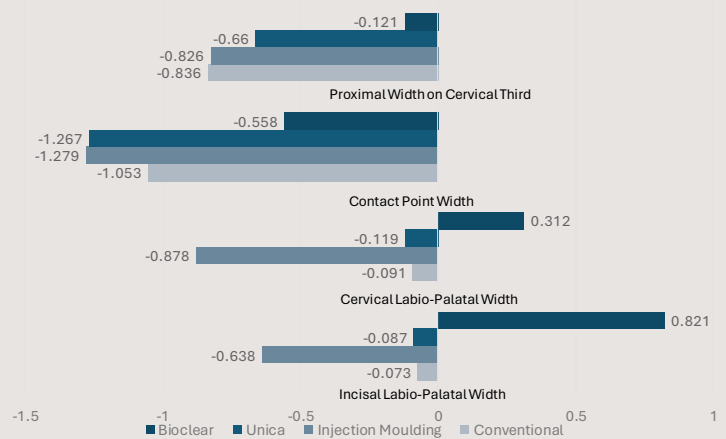
4

## Results



The typodonts were further analyzed through a Computer-Aided-Design program (Exocad). The 3D-printed mock-up was set as the comparative standard [0 value on the diagram].

Restorative Material Divergence (mm)



5

## Conclusion

Each participant was provided a questionnaire, after completing the four-methods trial, for a qualitative assessment. Following thorough analysis of the given answers, along with the participants' feedback, certain conclusion were drawn:

1

### TIME

The most time-consuming method was the Conventional, while the fastest one was Bioclear.

2

### INTERPROXIMAL SURFACE

The interproximal surfaces with the highest marginal integrity were achieved by using the Bioclear matrix. Interproximal contacts by Unica revealed asymmetry in some of the typodonts. Moreover, with the injection moulding technique, the resin material could flow in undesirable sites on interproximal surfaces requiring further modification.

3

### AESTHETIC OUTCOME

According to the photographic material, the assessment of the results showed that the Injectible moulding technique had the closest result to the mockup.

4

### EASE OF USE

75% of the participants considered the injectable moulding technique the easiest approach followed by Bioclear method.

5

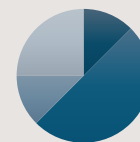
### LIMITATIONS

Bioclear and Unica matrices had poor gingival adaptation on the typodont.

Results of the questionnaire can be found by scanning the QR code:



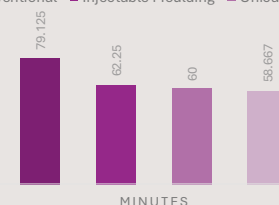
### Matrix Preference



Conventional Injection Moulding  
Unica Bioclear

### Average Time

Conventional Injectible Moulding Unica Bioclear





**Evaluation of the Effectiveness of Periodontitis Treatment Methods with Specific Clinical-Laboratory Markers**

T. Janjalashvili, T. Zhghenti

Tbilisi State Medical University  
Dental Clinic, Training and Research Center UniDent, Georgia



Tea Janjalashvili



Tamar Zhghenti



**OBJECTIVES:** The aim of the present study was to evaluate the effectiveness of periodontitis treatment methods: vector system, diode laser, vector system and diode laser combined treatment, based on the complex picture data of clinical and laboratory examinations.

**METHODS:** In order to solve the set goal, clinical-laboratory research and treatment were performed on 35 patients aged 20 to 60 years, diagnosed with different stages and levels of periodontitis. without concomitant chronic diseases.

Quantity, Gender Stage, Level	Quantity	Gender	
		Female	Male
Stage I A Level	7	7	0
Stage I B Level	4	2	2
Stage II A Level	3	1	2
Stage II B Level	13	9	4
Stage III B Level	7	5	2
Stage III C Level	1	1	0
All	35	25	10



Patient diagnosis was made on the base of collecting anamnesis, examination and recording clinical findings for oral cavity, detecting clinical indices, getting Ortho-pantomography and CT images as well as microbiological molecular genetic test system examination using Micro-Ident biological method, based on DNA-Strip technology, enabling identification of five periodonto-pathogenic bacteria: Aggregatibacter actinomycetemcomit, Porphyromonas gingivalis, Prevotella intermedia, Tannerella forsythic and Treponema denticola.

After determining periodontal markers, the examined patients were divided into three groups:

- Group I** underwent therapy with the vector system,
- Group II** received diode laser therapy,
- Group III** combined therapy with the vector system and diode laser.

All patients underwent all of the above mentioned examinations prior to and two weeks after treatment. Clinical treatment was conducted adhering to a pre-established treatment protocol.



Micro-Ident test





**Clinical Case - Stage III C Level**

**Before Treatment**



Ergebnis	Einheit	Ref Bereich	(GOA)
Detection of periodontitis-associated microorganisms by PCR:			
Sampling site: Pool sample			
Findings:			
Actinobacillus actinomycetemcomitans (Aa)	+++		
Porphyromonas gingivalis (Pg)	++		
Prevotella intermedia (Pi)	++		
Bacteroides forsythius	++		
Treponema denticola (Td)	++		
Very high	=	+++	
High	=	++	
Low	=	+	
Not detectable	=	-	
Given severe clinical presentation therapy should include systemic therapy as well as invasive therapy. We suggest repeated testing in circa 4 weeks or in accordance with the overall presentation.			
Metronidazol: 3 x 500 mg			
Amoxicillin: 3 x 500 mg, 4 Tage			
[Penicillin-allergy: Clindamycin: 2 x 300 mg/d, 10 Tage]			
If tested positive for A. actinomycetemcomitans the patient's family members should also be tested.			

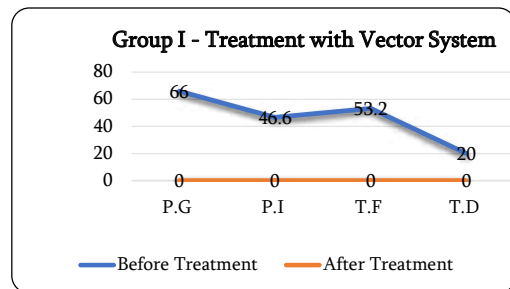
**After Treatment**



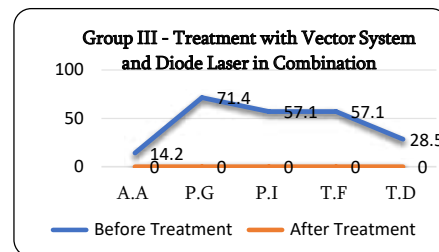
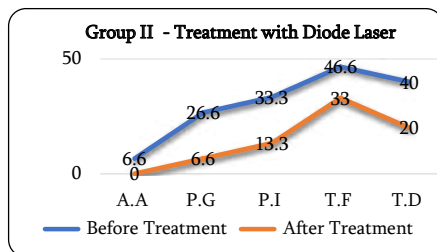
Ergebnis	Einheit	Ref Bereich	(GOA)
Detection of periodontitis-associated microorganisms by PCR:			
Sampling site: Pool sample			
Findings:			
Actinobacillus actinomycetemcomitans (Aa)	1-2		
Porphyromonas gingivalis (Pg)	1-2		
Prevotella intermedia (Pi)	1-2		
Bacteroides forsythius	1-2		
Treponema denticola (Td)	1-2		
Very high	=	+++	
High	=	++	
Low	=	+	
Not detectable	=	-	
No parodontopathogenic bacteria were presently detectable. We do not recommend antibiotic therapy.			

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**RESULTS:** After treatment in the mentioned target groups, all patients showed a reliable improvement of the clinical picture. Processing of statistical data allowed us to establish a reliable relationship between the values obtained before treatment and as a result of treatment. Where the data obtained after the vector system, as well as the combined vector system and diode laser treatment were found to be reliable for the target parameters and the effectiveness of the treatment was established ( $p < 0.05$ ). The diversity of the microbial spectrum revealed by the molecular biological research before the treatment, with different growth intensities, changed radically after the treatment, the quantitative and qualitative elimination of periodontal markers was noted. Which is not in the case of diode laser treatment. Consequently, diode laser treatment in periodontal pockets demonstrated a partial reduction in the quantity and type of bacteria.



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Aggregatibacter actinomycetemcomitans (A.A.), Porphyromonas gingivalis (P.G.), Prevotella intermedia (P.I.), Tannerella forsythia (T.F.), Treponema denticola (T.D.)

**CONCLUSIONS:** When objectively evaluating the results of the conservative method of periodontitis treatment, it is reliable to compare the laboratory data of quantitative and qualitative changes of periodontal markers before and after treatment. Marker-pathogenic analysis ensures the maximum reliability of the objective assessment of the therapeutic treatment result in the complex treatment of periodontitis.

**KEYWORDS**

Periodontal disease, anaerobic bacteria, periodontal markers, bacterial biofilm, Vector Paro, Diode Laser.

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מיסודה של אחוות אלפה  
אומנה הבינלאומית  
Founded by Alpha  
Omega International  
Dental Fraternity

The Maurice and Gabriela  
Goldschleger School of  
Dental medicine  
Faculty of Medicine  
Tel Aviv University

בית הספר לרפואת שיניים  
ע"ש מוריס ונבריאלה  
גולדשלגר  
הפקולטה לרפואה  
אוניברסיטת תל אביב



# Intra-oral quantitative cold sensory test as a predictor of postoperative pain after restorative dental treatment.

Yoash Permut, Dr. Alona Perlman-Emodi & Dr. Pessia Friedman-Rubin.

The Maurice & Gabriela Goldschleger School of dental medicine, Faculty of medicine, Tel-Aviv university, Israel

## Abstract & study objectives



Postoperative pain affects 40% of the population posing a substantial concern for both dentists and patients. Its potential to induce severe discomfort can have repercussions, potentially fostering negative behaviors like dental anxiety and neglect. Addressing and managing this aspect is pivotal in ensuring a positive post-treatment experience and long-term oral health.



This study aims to tackle this issue by establishing a framework to identify patients at a heightened risk of experiencing post-operative pain by using IQST (Intra-oral Quantitative Sensory Testing).



Visual representation of IQST

## Methodology

- 66 dental patients (27 women, 39 men; average age 36) completed preoperative assessments including dental anxiety (DAS) and general depression/anxiety (PHQ-4) and IQST involving a cold swab applied to the oral mucosa measuring the cold sensation's duration, its intensity (VAS) and severity of pain caused by it (VAS). Follow-up evaluations at 6, 24, and 48 hours post-operation gauged pain levels (VAS) and medication usage. Inclusion criteria: adults over 18 with Class 1 or Class 5 tooth lesions; exclusions: extensive caries near pulp, central nervous system conditions, prior analgesic use, or medication affecting the nervous system. Data collected: gender, age, income, DMFT, treated jaw, anesthesia type/amount, DAS & PHQ4 scores.



# Results

## descriptive data

Out of 78 patients approached, 3 declined due to pain fear, 5 needed amalgam treatment, 2 didn't respond to follow-up, and 2 required extensive restoration, leading to an 84.61% participation rate. Population breakdown: 27 women, 39 men, with income distribution of 15 low, 44 average, and 7 high. Average age: 36. Restorations included 26 class V and 40 class I. Two patients used paracetamol, one used Advil, while the rest did not take any analgesics.

Mean time of cold sensation was 12.98 (sd+/-10.834), male 15.23 (sd+/-12.298) & female 9.74 (sd+/-7.341). Mean cold sensation was 4.08 (sd+/-2.165), male 4.05 (sd+/-1.905) & female 4.11 (sd+/-2.532). Pain caused by cold sensation was 0.29 (sd+/-1.147), male 0.44 (sd+/-1.447) & female 0.07 (sd+/-0.385).

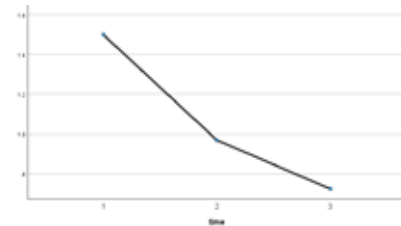
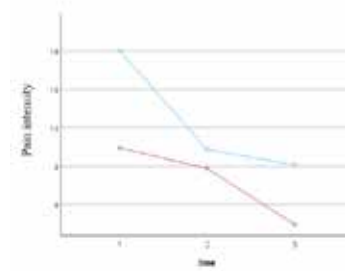
## Time, pain & sex

We observed consistently higher reports of pain among males compared to females at all three recall points. The pain scores for males were notably elevated at 1.8 (sd +/- 1.814), 1.03 (sd +/- 1.32), and 0.9 (sd +/- 1.34), in contrast to the corresponding scores for females at 1 (sd +/- 1.69), 0.88 (sd +/- 1.45), and 0.44 (sd +/- 1.22), respectively as seen in Table 1.

Pain intensity peaked at the 6 hour interval and sharply decreased there after as seen in table number 2.

Table 1

Pain vs time according to sex



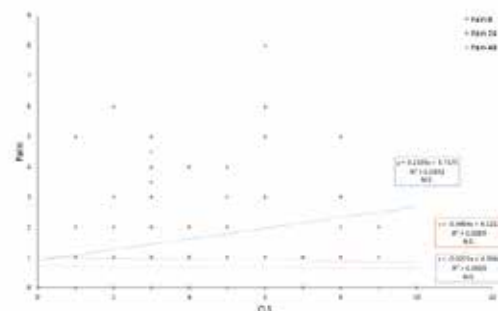
## • CLS, TT & PT effect on pain over time

Examining correlations between a patient's cold sensation duration and discomfort showed no statistically significant link with reported pain severity at 6, 24, and 48-hour intervals post-treatment. The data across all categories display considerable variability, as illustrated in Figure 3, emphasizing the nuanced nature of the relationship between cold sensation-related factors and post-treatment pain outcomes.

## • DAS, PHQ-4 effect on cold sensation and pain.

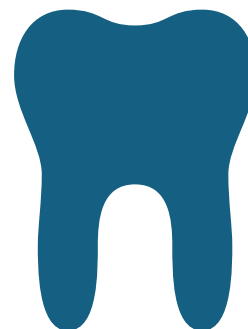
The subjects' average Dental Anxiety Score (DAS) was 6.49, and the average Patient Health Questionnaire-4 (PHQ-4) score was 0.97, notably low, particularly for the PHQ-4. Examining correlations between DAS and PHQ-4 scores and their impact on cold sensation, duration, and induced discomfort revealed no statistically significant findings (DAS Sig 0.254, PHQ-4 Sig 0.974; DAS Sig 0.632, PHQ-4 Sig 0.351; DAS Sig 0.620, PHQ-4 Sig 0.506). Similarly, no significant correlation was found with pain severity reported at 6, 24, and 48-hour intervals post-treatment, nor did variables like sex and age affect these patterns.

Figure 3



# Conclusion

- Subject reactions to intra-oral cold stimulation of the oral mucosa could hold promise as a predictive tool for postoperative dental pain (PDP) following restorative dental procedures. Anticipating which patients may be prone to PDP allows clinicians to tailor treatment strategies, such as selectively prescribing postoperative analgesic drugs to high-risk patients and avoiding unnecessary medication for those with a lower likelihood of experiencing PDP.
- It is this author's opinion that more extensive studies need be conducted on larger sample population with an emphasis on more invasive procedures in order to affirm the finding of this study.



# Report of Board Meeting

The board of Regents of the European Section of the International College of Dentists met on 7<sup>th</sup> December 2024 at the New Hotel, Athens.

The President, Werner Lill, reported on the visits that he had made to date to the Districts within the Section, including the Hispano-Portuguese meeting.

Mauro Labanca was congratulated for being nominated and approved at the recent International Council Meeting held in New York as the new Global Vice President with view to becoming President from December 2027.

The board welcomed Armenia into the section. Armenia comes under the umbrella of District 15 until such times it has sufficient numbers of Fellows to create a new district.

A contribution of 9000 Euros was made to the Philip Dear Foundation. This is a charitable fund for educational purposes which the European Section established in June 2005 to celebrate its 50<sup>th</sup> anniversary and to commemorate Philip Dear, considered by many to be one of the key Founding Fathers of the European Section. An award for 10.000,00 Euros per year for 2025, 2026 and 2027

was made from the Philip Dear Foundation to support Project Saúde a Sorrir – strengthening Oral Health Care in Guinea.

***Future meeting dates were confirmed:***

***2026 Milan, Italy  
(3<sup>rd</sup> to 5<sup>th</sup> July 2026)***

***2027 Barcelona, Spain  
(18<sup>th</sup> – 20<sup>th</sup> June 2027).***



The Board meeting, 7<sup>th</sup> December 2024.



# News from the Districts

## District 1 – Austria

A meeting was held in the Wachau Valley near Vienna in September with 20 attendees, mainly discussing the preparation of the Salzburg meeting.

## District 2 – Benelux

A meeting was held in Amsterdam in November.

## District 4 – England Scotland & Wales

49 fellows and guests from District 4 of the European Section of the International College of Dentists met for fellowship and dinner at the Royal Thames Yacht Club, London, on Saturday 23<sup>rd</sup> November 2024. Following an enjoyable drinks reception and dinner, guests received an update on the activities of the Dental Wellness Trust from Henry Cohen, husband of Linda Greenwell who had been due to give the presentation but was unable to attend due to illness. The Dental Wellness Trust charity was established in 2011 and has one simple mission and that is to improve the general health and wellbeing of young children through dental wellness – especially those most in need. This was designed to inform, educate, and inspire Fellows to become involved in either volunteering or starting their own projects. Attendees also received an update and on global humanitarian activities from Phillip Dowell. The current Regent of District 4, Roy Morris, thanked Mark Wright for his 8 years of dedication and service as the previous Regent and wished Mark well on his new appointment as Registrar for the European Section. Roy then introduced the Vice Regent for District 4, Farzeela Khan Osborne, Patricia Thomson, Sub Regent for Scotland and Jon Ayres, Sub Regent for Wales.



From left to right: Jon Ayres, Patricia Thomson, Roy Morris, Farzeela Khan Osborne and Mark Wright.

Sir Nairn Wilson, Fellow of the ICD and past Editor of the European Section, has received the prestigious Elmer S Best Memorial Award of the Pierre Fauchard Academy. Named in memory of the founder of the Academy, it is awarded for distinguished contributions of international significance to dentistry and is given to no more than one dentist from outside the United States in any one year. In making the award, the PFA Board of Trustees congratulated Sir Nairn on his lifetime of service to dentistry, recognising the impact of his work across the globe. The award was presented in New Orleans at the Academy's 86<sup>th</sup> Annual Meeting and International Gala, which was held in conjunction with the American Dental Association's 2024 Annual Convention. Sir Nairn is the first British recipient of the award in almost 30 years and only the sixth since it was established in 1962.



Sir Nairn receiving his Elmer S Best Award medal and plaque. From left to right: Robert Cattoi, PFA International Executive Director; Sir Nairn Wilson CBE; Pankaj Patel, PFA International President and Dr Ghabi Kaspo, PFA Vice-President.



The Pierre Fauchard medal - Pierre Fauchard on the front face and Elmer Best on the reverse.

### District 11 – Portugal and District 12 – Spain

On November 15<sup>th</sup> 2024, the Foundation for Social Dentistry (FOS) held its annual awards ceremony in the auditorium of the Seville Dental Association. The event was co-chaired by the President of the Seville Dental Association, Dr. Rafael Flores, and Fellow Dr. Antonio Castaño Seiquer. During the ceremony, the FOS Award was presented to the Philip Dear Foundation in recognition of its outstanding collaboration in solidarity projects, with the award accepted by the President, Dr. Werner Lill. Additionally, Dr. Javier Herrera, a new Fellow, was named Co-operator of the Year for his exceptional contributions to the FOS, while Fellow Dr. Ángel Carreño, President of the Cádiz Dental Association, was also honoured for his support and dedication.



From left to right: Santiago Jané, Werner Lill and Gil Alcoforado with the FOS award.

On November 16<sup>th</sup>, the 5<sup>th</sup> Scientific-Solidarity Meeting and the 1<sup>st</sup> joint Hispano-Luso meeting in support of the Philip Dear Foundation was held. The event was attended by 192 delegates, including president, Dr. Werner Lill, the Regent of Portugal Francisco do Vale, Dr. Gil Alcoforado and many Fellows from Portugal and Spain. The speakers were Fellows Dr. Guitián, Dr. Macedo de Sousa, Dr. Mariana Dolores, Dr. Herrera, Dr. Martins, and Dr. Lozano.

### District 14 – Central & Southern Europe

The annual autumn meeting of Slovenian members District 14 of the European Section of the International College of Dentists (ICD) was organised this year for the first time as a joint meeting with one of the national dental societies – the Slovenian Endodontic Society. The scientific part of the meeting was held at the Faculty of Medicine at the University of Ljubljana under the patronage of the Vice Dean of the Faculty of Medicine, Professor Janja Jan, and the Regent of District 14, Professor Norina Forna. Past President of the European Section of the ICD, endodontist Dr Walter van Driel, presented a lecture entitled “Endodontic problems and treatment possibilities in the elderly”. The audience in the lecture hall of the Faculty of Medicine consisted of Slovenian Fellows of the ICD, members of the Slovenian Endodontic Society, students of dentistry and the post-graduate endodontics programme as well as academic members of Faculty of Medicine. They received, with enthusiasm many clinical tips and tricks, which Dr. van Driel presented from his lifelong career as a clinical endodontist in various parts of the Netherlands.

The social part of the annual meeting followed in the evening at the Brdo Estate, where inductees Dr. Gorjanc, Dr. Groznik, Dr. Kristan and Dr. Mance Kristan were of-



ICD Fellows attending the Scientific-Solidarity Meeting.





Dr. Walter van Driel during the lecture at the Faculty of Medicine at the University of Ljubljana.



Dr. Walter van Driel and his wife Nelly among Slovenian members of the ICD District 14 at the social part of the meeting at Brdo Estate. Photograph taken by Rok Torkar.

ficially introduced to the Slovenian Fellows. Vice-Regent Professor Maja Ovsenik reported on the meeting of the European Section in Limassol and briefly announced the next meeting in Salzburg, Austria. Potential new inductees for the upcoming year were discussed with all Fellows, and the next steps towards our own Slovenian District were presented by Vice-Regent Professor Maja Ovsenik, Past-Regent of District 14 Professor Tomislav Jukić and Rok Jurič. With the cordial involvement and goodwill of all Slovenian ICD members, experienced also by the distinguished guests, Dr Walter van Driel and his wife Nelly, this event was also intended to foster efforts to finally achieve the long-standing goal of our first Regent, Professor Ljubo Marion, MICD, to form a new district within the European Section.

societies – Orthodontics, Paediatrics, Prosthodontics, Periodontology and Oral Surgery. The success of this year's meeting shows that this is a useful way to promote the recognition of the ICD and its core values among dentists in Slovenia.

#### District 15 – Central & Northern Europe

Every year dentists from all over the world take a moment to remember the Patron Saint of Dentists, Saint Apollonia on 9th February. The dentist's mission is to constantly take care of the patient's health and hence the International Day of Dentists is perhaps the only day when dentists can focus on their own health. The Latvian Dental Association every year holds a solemn meeting to honour St. Apollonia for her holy and unwavering principles, thus strengthening our spirit and faith in any difficulties. This year was no exception. The meeting was held on 8<sup>th</sup> February in Riga, in cooperation with ICD (International College of Dentists) Europe Section, District 15, which also includes the sub-district of the Baltic States.



Promoting communication and goodwill among colleagues is not a difficult task for Slovenian ICD fellows.

The joint meeting of the Slovenian ICD members and the Slovenian Endodontic Society finished in a very friendly atmosphere with the assurance that the following meetings will be organised jointly with the other Slovenian dental



Saint Apollonia.



Music performed by saxophonist Eduards Raubisko created a festive mood for the participants of this joint meeting. This produced a friendly professional atmosphere for the event.



Dr. Serhiy Radlinsky, Regent of District 15, made a welcoming speech online and presented the lecture "Free teeth". He also introduced this year's candidates for membership in the International College of Dentists from Lithuania, Latvia and Estonia.



Dr. Egita Senakola, Dr. V. Valdmāne and Dr. Egita Senakola and specialist in holistic medicine Iveta Kalnina drew the attention of the audience to the importance of a holistic view on human health, as the health of the spirit and mouth is the basis of the health of the whole body! Pharmacist Sigita Čulkstena accepted the role of homeopathy-based products in the prevention and treatment of oral cavity.





The common theme of the meeting was “Oral cancer prevention and early diagnosis in Latvia”, presented by Dr. Ingrida Cema.



Vice-Regent of the District 15 of the European Section ICD and member of the Latvian Dental Association, Dr. Aiva Pakule, delivered a lecture about unique and regenerative aspects of PRF (smart blood concentrate).



The event took place in a very positive atmosphere. The lecturers invited everyone to take care of their mental and physical health, because only by taking care of ourselves we'll be able to give each other collegial, respectful, and loving support.

#### District 16 – Georgia

In his role as President-Elect of the International College of Dentists and International Councillor, and at the invitation of the Regent of District 16 Georgia, Professor Marina Mamaladze, Mauro Labanca was invited to Tbilisi, Georgia, to attend the opening of the academic year at Tbilisi State University and deliver a keynote lecture.



Professor Mauro Labanca and Professor Marina Mamaladze.

Professor Mamaladze was supported in managing the flawless organisation by the Rector of Tbilisi State University, Professor Zurab Vadachkoria, who provided the opportunity to tour the entire academic complex, the museum, and various simulation centres. The entire structure is of exemplary scientific and organisational quality, comparable to the most renowned institutions in Northern Europe or the United States. Most notably, the visit was enhanced by the exceptional and superb constant presence of the Fellows, who made the experience unique and unforgettable. The whole group, always united, supportive, and welcoming, demonstrated what a district should represent, and Professor Mamaladze set a superb example of selection, recruitment, and engagement with her fellows.

On September 24, Professor Labanca had the honour of being hosted on stage, sharing it with the top academic

and institutional figures, where he delivered a brief speech in front of at least a thousand students. On September 25, he gave a lecture in a beautiful hall to over 450 people, including students, residents, and specialists from the dental faculty.

Professor Labanca said, "It was truly a fantastic experience, and I would like to emphasize that what made it unique was, above all, the incredible sense of hospitality shown by everyone, perfectly cohesive and always ready to fulfil their assigned roles. I extend my heartfelt and sincere thanks to Professor Mamaladze, and through her to her "Georgian girls," for hosting me in such an incredible way and for allowing me to experience first-hand the great scientific and cultural level of their region, which is also splendid and one that I highly recommend visiting." ■



# My Dental Camp in Kenya 2023

In 2023, I had the privilege of returning to Kenya to lead my Dental Camp in cooperation with the NGO Make Me Smile Kenya. This year, the journey was particularly special, as we received a generous donation from the International College of Dentists (ICD), which allowed us to expand and enhance our project. This marked my third visit to Kenya, once again emphasizing how crucial and impactful dental care is in the rural areas of this beautiful country.



Elisabeth Lill

## Partnership with Make Me Smile

*Make Me Smile International* was founded in 2008 by Maximilian Ullrich. This NGO operates as a non-profit organisation in Kenya, focusing on sustainable development projects and providing emergency aid in various countries in the Global South.

A key factor of its success is the close collaboration with local organisations, which ensures the sustainability and effectiveness of its efforts. Besides Kenya, *Make Me Smile* is also active in Colombia, Lebanon, South Africa, and Ukraine. Since 2017, our primary focus has been on Kenya, South Africa, and Ukraine. As a board member of *Make Me Smile International*, I can directly implement projects and allocate funds where they are most needed, ensuring that support reaches the people on the ground. This direct involvement is invaluable to me.

A pivotal moment in my involvement with *Make Me Smile* was my first trip to Kenya in 2018. My esteemed colleague and dear friend, Dr. Hanno Senger, a dentist from Vienna, introduced me to the work of *Make Me Smile* and accompanied me on that initial trip. That experience deeply influenced my professional and personal perspectives. In 2023, Hanno once again joined me, along with my father, Werner Lill, President of the European Section. Together, we organised and executed this year's Dental Camp.

## The Dental Camp: Phase 1 – Rural School Visits

The Dental Camp was divided into two phases. In the first phase, we visited schools in rural areas where access to medical care is either very limited or non-existent. We worked with children aged 4 to 18, focusing on preventive measures, particularly hygiene and dental hygiene

education. Every child received a toothbrush and toothpaste, and the interaction with the students was incredibly rewarding. We visited about 3,000 pupils.

Our dental hygiene lessons had a significant impact on the children, not only in terms of improving their health but also in boosting their overall motivation. We witnessed how acquiring knowledge about hygiene and dental care increased their confidence. Many students were more determined to stay in school and continue their education, which is essential for securing their future. In 2023, we visited five schools, reaching over 2,500 children. Additionally, we conducted the DMFT (Decayed, Missing, Filled Teeth) test to assess the children's dental health and take appropriate action where necessary.

Alongside our school visits, we supported the *Children's Club*, one of the many initiatives offered by *Make Me Smile* to assist the community. The *Children's Club* allows mothers to leave their children in care so they can work and earn an income. This service is crucial, as it enables women to achieve financial independence, which has a positive impact not only on their families but also on the broader community.







Werner Lill in attendance at the Dental Camp.

### The Dental Camp: Phase 2 – Surgical Treatments

The second phase of our Dental Camp involved providing surgical treatments. Over the course of three days, we set up clinics in three different locations, where we worked closely with Dr. Rakewa and his team. Thanks to the generous donations we received, we were able to offer these surgeries free of charge. Local patients learned about our camp through advertisements, and the demand was overwhelming. In just three days, we treated approximately 400 patients.

In addition to dental surgeries, we organised a Medical Camp alongside the Dental Camp. Here, we provided care for fresh wounds, monitored blood pressure, and distributed medications such as analgesics and antibiotics based on patients' needs. This holistic approach to healthcare is a key aspect of our mission, as it allows us to significantly improve the quality of health in these underserved regions.

### Reflection and Future Outlook

My 2023 trip to Kenya was not only a chance to make a positive impact but also an opportunity to reflect on our experiences and identify areas for improvement. Every trip and every Dental Camp bring new insights, enabling us to optimize our efforts and use resources more efficiently. One of the main challenges we face is improving logistical coordination so we can reach even more people and maximize the impact of our work.

The direct contact with the local community and close collaboration with local partners have shown us how vital it is to incorporate the cultural and social context



Dr. Rakewa and his team provided guidance in the clinics.







The team visit the Angola Health Centre.



A proud father and daughter team.







The visit of the team gets the Thumbs Up!



Elisabeth Lill has an attentive audience.





At the end of the visit it is smiles all round.



"and open wide!"

into our efforts. This not only fosters trust in our work but also ensures that the interventions we implement have a lasting effect. We continue to learn from each year and are excited to expand our projects in the coming years.

The success of the 2023 Dental Camp would not have been possible without the generous support of ICD and the many dedicated volunteers. Together, we have made a significant contribution to improving dental health in Kenya. And this is just the beginning. The next few years will bring new challenges and opportunities, and I look forward to being part of this journey.

I would like to express my heartfelt thanks to everyone who supported this project – whether through donations, organisational help, or hands-on assistance on the ground. Together, we can truly make a difference, and I am proud to be part of this remarkable initiative. ■

# Meet the President, Dr. Werner Lill

The President of the European Section of the International College of Dentists, Dr. Werner Lill, was pleased to give the following interview to the Editor.



**Michael Thomas – FICD  
Editor, European Section**

## What interested and motivated you to become a dentist?

During my school years, at the age of 10, I began studying the cello at the Academy of Music and Performing Arts in Vienna alongside my regular schooling. Influenced by my parents, who were both dentists, I had always considered pursuing dentistry as a career. However, my path was not straightforward.

At the age of 17, I faced a pivotal decision. I had the opportunity to join the masterclass for cello at the Academy, but this commitment was incompatible with completing my secondary education. I chose to prioritize school and ended my music studies at the Academy. Toward the end of school, I briefly considered studying architecture, inspired by a cousin of my father. After spending several months observing and assisting in my parents' dental practice, I was drawn to dentistry's combination of precision, science, and the ability to help people. I completed my medical studies with a doctorate in general medicine and, after an additional three years, became a specialist in oral and maxillofacial surgery.

I studied medicine at the University of Alma Mater and completed my dental studies at the Dental School in Vienna. Following my studies, I worked as an Assistant Professor in the Department of Oral Surgery at the Dental School under Professor Georg Watzek. This position offered me opportunities for advanced training in Mainz, Bern, and the Mayo Clinic in Rochester, USA.

In 1987, I opened my private practice in Vienna. Six years later, I received my Ph.D. and the *Venia Docendi*. Over the years, I held leadership roles in various dental societies and became the President of the Austrian Society for Dentistry, Oral and Maxillofacial Surgery (Vienna District), a role I proudly fulfilled for 20 years. I was later recognized

as a specialist in periodontology by the Austrian Society of Periodontology (ÖGP) and the European Dental Association (EDA). In 2009 I became the President of the Austrian Society for Periodontology, serving for over a decade. My involvement extended to being Austria's delegate to the European Federation of Periodontology (EFP). Inspired by my lecturing and speaking engagements, I co-founded a private education institute with Dr. Gerhard Iglhaut in 2011. Most recently, I co-founded the European Young Dentist Forum in 2018, where I continue to serve as a board member.

## How did you become aware of the ICD?

My wife Karin and I were invited to dinner by my friend Peter Brandstätter, who was then District 1 Regent for Austria and later became President of the European Section. During our conversation, he shared his experiences with the ICD, its structure, and the mission to honour service and promote fellowship among dentists.

Peter asked if I would be interested in joining the ICD as a Fellow. Soon after, he invited me to a private annual meeting of the Austria District, where I met several other Fellows, many of whom I already knew professionally. I didn't hesitate to accept his invitation, and in 2009, I was officially inducted as a Fellow during the ceremony in Lisbon. From 2011, I served as a Regent, working diligently to strengthen District Austria. In 2018, my mentors Gil Alcoforado and Mauro Labanca asked if I would consider becoming President of the European Section. While the COVID-19 pandemic delayed this progression, I formally began my leadership journey in 2022 and ascended to the role of President in June 2024.

## What do you hope to achieve during your presidency?

It is a tremendous honour to serve as President of the European Section of the ICD. My primary goal is to build upon the work of my predecessors, particularly Gil Alcoforado, Walter van Driel, and Dov Sidney, and to solidify the organisational changes they initiated. I am committed to empowering the Regents and ensuring they feel engaged in the decision-making process within the European Section. Additionally, I plan to visit as many districts as possible, participate in their local meetings, and foster closer relationships among the Fellows.

For the first time, we aim to induct dentists from Albania





into the ICD, marking an important milestone. I am also deeply passionate about raising awareness of the Philip Dear Fund and its importance in supporting meaningful initiatives.

Finally, I am focused on preparing for our Annual Meeting and ensuring it is a memorable experience for all Fellows.

#### **What has been your proudest moment as a dentist?**

Achieving my Ph.D. and earning the *Venia Docendi* remain significant milestones in my career. However, one of the most rewarding moments in my professional journey was accepting the role of Regent for District Austria. Within the ICD, being entrusted with the Presidency by Dov Sidney has been an unforgettable honour. Additionally, participating in a volunteer initiative with my daughter Elisabeth, her fiancé Dominik, and my son Ricardo in Kenya was incredibly meaningful. We provided dental care to underserved communities through the "Make Me Smile" organisation, supported by the Philip Dear Fund and other donors. Witnessing the gratitude of those we served reaffirmed my commitment to dentistry as a way to give back.

I could not have achieved, nor could I continue to pursue, my professional endeavours without the unwavering support of my wife, Karin. She provides steadfast encouragement, allowing me to focus on my work, and has accompanied me through countless stages of my career.

#### **What plans do you have after completing your presidency?**

After my presidency, I will work closely with my successor Mauro Labanca to ensure a smooth transition and offer my continued support to Santiago Jane Noblón. I plan to return to Kenya to continue volunteering with "Make Me Smile" and other charitable initiatives. As Past President, I will remain involved in the European Section's Executive Committee and uphold the ICD's motto: "Recognizing Service as well as the Opportunity to Serve."

#### **What challenges do you see for the ICD, and how can they be addressed?**

The ICD faces challenges in maintaining engagement across diverse regions and adapting to the evolving needs of the dental community. By leveraging digital platforms and fostering mentorship opportunities, we can ensure the ICD remains relevant and inclusive. Strengthening our outreach to younger dentists is also crucial for sustaining growth and diversity within our Fellowship.

#### **What advice would you give to aspiring dentists or young professionals?**

Stay curious and embrace lifelong learning. Dentistry is a field that balances science, art, and human connection. Seek mentors who inspire you, and don't hesitate to step outside your comfort zone – whether through international collaborations, volunteering, or engaging in organisations like the ICD. Ultimately, success in dentistry comes from a passion for service and a commitment to excellence.

*Thank you Werner for this inciteful and interesting interview. ■*

# President of the International College of Dentists

## Argirios Pissiotis

Professor Argirios Pissiotis is presently Professor Emeritus at the Aristotle University of Thessaloniki School of Dentistry. He has been the head of the Department of Removable Prosthodontics (2010-2017), Director of the Postgraduate Program in Dentistry (2017-2023), Director of the Post Graduate Program Science and Technology of Prosthetic Dentistry (2020-2023) at the Aristotle University of Thessaloniki, and this year he holds the honorary position of Global President of the International College of Dentists.\*



Serhiy Radlinsky

### Why did you choose the profession of a dentist? Was it a conscious choice or a coincidence?

I come from a family of dentists, my father, my uncle and aunt, four cousins are all dental professionals, but I wanted to become an architect when I was in High School. I always admired the creative part in architecture. However, one year before the entrance examinations for the University I decided to choose dentistry because of my previous experience of playing as a child in a dental office mixing plaster and alginate and carving wax (this was my father's indirect pressure to become a dentist) and working as a teenager for pocket-money in my uncle's orthodontic office trimming casts and making retainers, thinking that it would be easier for me to make a career as dentist. Anyhow I ended up making bridges satisfying my creative needs.

### How did your professional path lead you to removable prosthetics?

When I started as resident during my post-graduate studies at Tufts University School of Dental Medicine in Boston, USA, I had the opportunity be taught by great clinicians: Dr. Gino Passamonti and Dr. Phil Williams in removable prosthodontics and Dr. Lloyd Miller, Dr. Maurice Martel, and Dr. Michelle Gaillard in fixed prosthodontics. I was mentored in both removable and fixed prosthodontics.

When I returned to Greece in 1984, I thought that I should disseminate the knowledge I had the opportunity to get in the US to my compatriots, students in the Aristotle University School of Dentistry where I was offered a position in the Department of Removable Prosthodontics.

When implant dentistry was introduced, I was told that my department would close, because with implants nobody would care about complete dentures anymore. There isn't a more naïve thought. All the prosthodontic theories of substituting missing natural teeth lie upon the theories developed for complete dentures and were adopted by both fixed prosthodontics and implant dentistry. It may come a time when the need of providing edentulous patients with dentures will not be necessary, but this time will not come soon and no matter what the prosthodontic therapeutic modality will be, the basic principles that will be used to achieve a successful rehabilitation will be based on complete denture principles.

### Is the United States really the world centre of dentistry, in your opinion?

The United States Dental Schools were the pioneers in developing postgraduate programs in a structured way. This made American education in Dentistry much more effective and of a higher profile. Also, the US being one country was able to better regulate the undergraduate and postgraduate programs providing accreditations by the ADA.

Although in dental disciplines such as oral surgery the Europeans were more advanced, especially in central Europe, the development of postgraduate studies in all dental disciplines in the European Dental Schools came much later and followed the lead of the US Dental Schools in their structure. Nowadays I believe the gap has closed and there is much talent in the European Dental Schools that offer very competent undergraduate and postgraduate dental education.





**The International College of Dentists declares its mission as recognition of the merits of dentists to the profession by inviting prominent dentists around the world to become members. Has this mission changed over the past century of its history?**

The ICD in its conception by the founders was always focusing its mission on recognizing dentists for their service to the community and giving them the opportunity to further serve by networking and sharing education to promote oral health care worldwide. However, the world has changed, and the ICD must adapt to these changes. It still is dedicated to recognizing the service of dentists to the community but nowadays is giving them the opportunity to serve in a more humanitarian way facilitating the industry's social responsibility needs in providing oral health services to the underprivileged communities around the world. It also provides education to healthcare providers in these communities to enhance prevention of oral disease in a sustainable way.

**How identical and how different, in your opinion, are the activities of various sections of the International College of Dentists?**

First, I must admit that to visit all the Sections in one year is almost impossible by the Global President. A lot of Sections have an afternoon convocation which makes it very inefficient to travel for such a short visit. We are familiar with convocations such as the European which is a 3-day event that gives the opportunity for all Fellows to meet with the

new Inductees and the leadership of the Sections. Other Sections like the USA Section (Section I) have a convocation where they induct 300 new Fellows and other Sections have a convocation where they induct 12 or 15 new Fellows in a two-hour event. It is understandable that between Sections there are cultural differences especially in multinational Sections. However, no matter what the differences are all Sections share or should share the same core values because the ICD is one entity globally.

**By what criteria can young dentists be invited to join the International College of Dentists?**

The mean age of Fellows is between 50 and 70 and this is too old most of the time. I believe that younger dentists can show their value early enough and I mean in their 30s, but the people designated to recognize them (other Fellows and Leaders) are much older and do not easily know of them and their achievements. There must be a gradual growth of younger members and here is where people in academia can help because they are in a position to recognize rising stars in dentistry and recommend them for Fellowship. New Fellows are also able to recommend dentists they know (closer to their age) who are worthy of recognition. This way we may lower the mean age of Fellows and really approach the younger generation. It is, however, very important to motivate these younger people to understand the value of the College and the value to distinguish between what they can do for the College and not what the College will do for them.

**To what extent has the dental profession become traditional for your family? What professions did your children choose?**

Although I come from a family of dentists my children did not choose to follow in my steps. When they were young, they both said they wanted to become dentists but when the time came to decide they both took their own way. My daughter chose English literature and started a career in publishing and my son studied psychology and human resources but works as an IT professional. I guess that the tradition stops. Maybe I was too liberal to let them choose what they liked most. Time will show if I was right or wrong. For the time being they, both are happy with their choices.

**How and with what does the International College of Dentists respond to the growing tension in the world?**

Unfortunately, the world was always troubled by unrests smaller or larger even global and the ICD must fight to survive and carry out its mission under any circumstances. It is a pity that politics and financial or power interests manage to create unfavourable circumstances that create increasing needs to the people worldwide and the need for organisations like our ICD to come in their aid, is imperative, providing them essential needs concerning oral health care. We all hope for a better world where our children will grow but it is not entirely in our hands to achieve it. We must have hope however, and this hope must never die. ■



Panorama of Salzburg.

Introduction to the meeting in Salzburg

# A charming town, rich in tradition and history

Werner Lill, President ICD European Section and Hans Mayr, Regent District Austria have great pleasure to host the 68<sup>th</sup> ICD Annual Meeting 2025 from 18<sup>th</sup> to 22<sup>nd</sup> June 2025 in the beautiful and historic city of Salzburg. Preparations began in 2022 to welcome Fellows and guests to this charming town, rich in tradition and history, located near the German border. Following the decline of the Roman city of Iuvavum began in 488, Salzburg was refounded as an episcopal see in 696 and became the seat of the archbishop in 798. The city's Old Town, a UNESCO World Heritage site, is a testament to its historical significance.

The meeting will be held at the Hotel Pitter and the Hotel Bräu, both within walking distance of Salzburg's old town centre. This annual meeting follows the two-days format, starting on Friday and concluding late Saturday night. Additionally, there is a complementary program beginning Thursday afternoon, including a private ICD classical Chamber Concert at the renowned "Wiener Saal" of the Mozarteum. The Mozarteum, established in honour of Salzburg's most famous son, Wolfgang Amadeus Mozart, is a prestigious institution dedicated to music and the arts. Its concert hall, the "Wiener Saal", is celebrated for its exquisite acoustics and elegant architecture. The concert will be followed by a get-together at the Pitter Hotel. On

Friday morning, a guided half-day walking tour is available of Salzburg's historic centre, featuring landmarks such as Getreidegasse, Mozart's Birthplace, and Hohensalzburg Fortress.

The core program kicks off on Friday evening with a welcome dinner at the "Stiegl Keller", a traditional venue in the heart of Salzburg. Saturday's activities begin with a scientific program under the theme "Cranio Mandibular Disorders (CMD) – Everything You Should Know" – and the humanitarian forum, highlighting projects from the European section of the ICD.





One of the city's most prominent landmarks is the Hohensalzburg Fortress.



Getreidegasse, Salzburg.

For accompanying persons, there is the option of a delightful bus tour of Salzburg's surroundings, including a light lunch before returning to the hotel. In the afternoon, the grand induction ceremony will take place at the Mozarteum's grand hall, followed by a festive gala dinner and dance at the historic "Residenz". The Residenz, part of the Salzburg DomQuartier, is a magnificent palace that once served as the residence of the Prince-Archbishops of Salzburg. This Baroque masterpiece boasts opulent state rooms and stunning architecture, offering a glimpse into the grandeur of Salzburg's ecclesiastical and cultural history. It is an iconic venue, providing a fittingly elegant setting for the gala dinner and dance.

For those wishing to extend their stay, there is a Sunday tour to Wolfgangsee. The tour includes a lake crossing by boat and a traditional lunch at the "Zum Weißen Rössel" restaurant. In the afternoon, the tour takes a visit to Bad Ischl, a former summer residence of the Austrian emperors.

We look forward to seeing as many of you as possible in June 2025 in Salzburg. ■



Mirabellgarten.



# Future Annual Meetings of the European Section International College of Dentists



**2025 Salzburg**  
Austria, 20<sup>th</sup> – 22<sup>nd</sup> June 2025

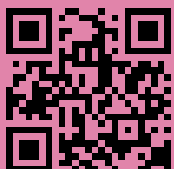


**2026 Milan**  
Italy, 3<sup>rd</sup> – 5<sup>th</sup> July 2026

Photo Alex Hufmagl (Unsplash)



**2027 Barcelona**  
Spain, 18<sup>th</sup> – 20<sup>th</sup> June 2027



See [www.icd-europe.com](http://www.icd-europe.com) for further information on the Annual Meetings of the Section.