

The Latvian Dental Association has a good tradition of holding a solemn meeting on the International Day of Dentists, which is celebrated on the day of St. Apollonia. This year was no exception, the meeting was held on the 10<sup>th</sup> of February in Riga, in cooperation with the Baltic Subdistrict of the District 15 of the European Section of the International College of Dentists.



Music performed by saxophonist Eduards Raubiško created a festive mood for the participants of this joint meeting. This showed the friendly professional atmosphere of the event.

The dentist's mission is to constantly take care of the patient's health. The International Day of Dentists is perhaps the only day when dentists can focus on their own health.

This joint meeting of the Latvian Dental Association and the International College of Dentists was opened by Prof. Anda Brinkmane, President of the Latvian Dental Association and member of the ICD, and Dr. Aiva

Pakule, Vice-Regent of the District 15 of the European Section ICD and member of the Latvian Dental Association.



The Regent of the District 15, Dr. Serhiy Radlinsky, made a welcoming speech online and introduced this year's candidates for membership in the International College of Dentists from Lithuania, Latvia and Estonia. Then there were reports on health and humanitarian programs by the following lecturers: Dr. Dita Daugina, Dr. Pēteris Kļava, Dr. Aiva Pakule.

The event took place in a very positive atmosphere. The lecturers invited everyone to take care of their mental and physical health, because only by taking care of ourselves we'll be able to give each other collegial, respectful, and loving support. This call also coincides with the motto of the ICD and St. Apollonia.